



Sledmere E-Safety Newsletter



We know that it can be hard to monitor what your child may be doing on their phones, tablets and games consoles at home.

We have put together this newsletter with tips, links and support for you, to help keep your child safe when they are on the internet.

Talk with your child about responsible use of their games console

Discuss what is okay and not okay to use it for and look at the possible risks. Tell your child what they should do if something goes wrong while using it. This could be to turn off the screen and tell an adult.

Think about the location of the games console

Will it be in a shared family space or in a bedroom? Think about: setting time limits; reminding your child about the risks of communicating online with people that they do not know; and encouraging them to come to you with any worries.

Explore parental controls

Take a look at the controls available both on the games console itself and on your home Wi-Fi. Talk these through with your child too. Parental controls are a helpful tool, but an open conversation with your child is the most important thing.

- Useful Links**
- [Thinkuknow](#)
 - [Childnet](#)
 - [BBC Webwise](#)
 - [IWF](#)
 - [Safer Internet](#)

These tips above can also apply to other devices your child may have access to at home.

Before you...

THINK!!

T = is it True?
H = is it Helpful?
I = is it Inspiring?
N = is it Nice?
K = is it Kind?

Ask your child these questions before they write, post or believe anything they see online.

There are lots of apps and websites available for children, which are safe and educational. We use all of these in lessons. Here are a few..



This button can be downloaded to your child's devices. If your child comes across something which they find unsettling, they can report it easily using this button.



[Report Harmful Content Button | SWGfL](#)

Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?

Under 13 	13+ 	16+
		17+

Sourced from NSPCC website October 2019

Did you know that the Government have a practical guide that provides help and information for parents who have children using social media? It is interesting to see the age restrictions for the apps your children may use! The link to that is below: [Child Safety Online: A practical guide for parents and carers whose children are using social media - GOV.UK \(www.gov.uk\)](#)

S Stay Safe: Don't give out your personal information to people / places you don't know.

M Don't Meet Up: Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.

A Accepting Files: Accepting emails, files, pictures or texts from people you don't know can cause problems.

R Reliable?: Check information before you believe it. Is the person or website telling the truth?

T Tell Someone: Tell an adult if someone or something makes you feel worried or uncomfortable.

Follow these SMART tips to keep yourself safe online!

These SMART rules are displayed around school too. They are easy to remember and help children to stay safe online!